

WARMING WINTERS AND WELLBEING

A MN CLIMATE & HEALTH AND LAKE SUPERIOR NATIONAL ESTUARINE RESEARCH RESERVE HOSTED PRESENTATION

Our attachment to place — including the environments, traditions, and customs tied to these places — is fundamental to our identity. Climate trends show that across the Midwest and here in Minnesota, we're experiencing an increase in warmer, wetter conditions. This trend may stress local economies rooted in agriculture and outdoor recreation, while also significantly impacting our attachment to place, wellbeing, and community resilience.



The MN Climate & Health Program and the Lake Superior National Estuarine Research Reserve are hosting Kelsey Jones-Casey, a Fulbright fellow,

to learn more about this issue on **Jan. 30, 2019 from 11:00 a.m. — Noon**. Kelsey interviewed farmers, fishers, trappers, hunters, and herbalists living primarily in the Canadian Lake Superior watershed to capture how climate change is impacting the mental and emotional wellbeing of people who live close to the land. She will share key insights from this study, including observation themes, how climate change is already impacting wellbeing, and ways to move forward.

WHEN:

January 30, 2019 from 11:00 a.m. — Noon

WHERE:

MDH Freeman Building, Room B-145

OR

via webinar ([Register at this link](#))

QUESTIONS?

Contact Nissa Tupper, Nissa.tupper@state.mn.us